

# Cat and Dog Weight Consultation Questionnaire

The main aim of the questionnaire is to gather preliminary information about your pet and their lifestyle. We will use the questionnaire to form the basis of the weight management consultation. It will also allow us to design a specific weight plan for your pet.

Please consult all family members (where possible) and answer all questions as honestly as possible. If there are any questions you are unhappy to answer please just leave them blank.

Owner name:	Pet's name:	<input type="radio"/> Dog <input type="radio"/> Cat
Breed:	Age:	Sex status (e.g. male/neutered)

## 1 How often does your pet beg?

Often  Sometimes  Never

## 2 Does your cat meow or dog beg for more food after feeding?

Yes  No

## 3 Does your pet try to steal food or scavenge for food? (get into trash or try to open doors and cabinets)

Yes  No

## 4 Does your pet follow you everywhere and are they very persistent?

Often  Sometimes  Never

## 5 Do you have any other pets? (please list all other pets in the house)

Name:	Species/breed	Age:



**6** What do you feed your pet through the day?

- Dry food
  - Tinned food (cans or pouches)
  - Home prepared (e.g. fresh meat, fish)
  - Table scraps (e.g. meat, fish, cheese)
  - Purchased snacks and treats
  - Other (please specify)
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**7** Do you feed your pet any of the following?

- Purchased treats
  - Table scraps/leftovers
  - Human food
  - Pet food used as treats/ rewards
  - Chews (rawhide, dental)
  - Other (please specify)
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**8** What brand of food do you feed your pet at meal times?

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**9** What does your pet drink?

- Water
  - Milk
  - Other (please specify)
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**10** How many times do you feed your pet each day?

- 1
- 2
- 3
- 4
- Left out all day

**11** What times do you feed your pet, and where?

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**12** If other animals, where are they fed?

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**13** How do you measure your pet's daily feeding portions?

- No measurement. Estimation only
  - Cat uses free access feeder
  - Other (please specify)
  - Measuring cup
  - Fill bowl
  - Weigh food on scales
  - Mug/cup
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**14** Does your pet hunt?

- Yes
- No

**15** Does your pet bring back prey to the house?

- Yes
- No

**16** Notes

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Please complete the form and share your answers with the clinic team.