

Welcome to Your September Newsletter.

What a welcome relief to see Spring once more on our doorstep. Warmer, longer days allow older pets some relief, while for younger animals it heralds in a time of frolicking and enjoying life. For the team at HIGHlands, it heralds in a busy season with many pets reproducing and youngsters wobbling around on unsteady legs. Supporting your pets as they have their babies can be both stressful and joyful. Remember we are here to help, your pet doesn't have to battle through a difficult birth. There are many things we can do to help. Whether you have a horse in labour, your dog producing their first litter of pups, or a cat who just needs a helping hand, our experienced team can help.

From the Friendly team at HIGHLANDS Veterinary Hospital
The Friendly Road to Pet Wellness.



SIGNS THAT YOUR HORSE IS READY TO FOAL

As your horse nears her time, look for these signs.

Swelling of the abdomen, and the udder beginning to expand with milk a couple of weeks before birth. Teats become waxy, and your mare may become grumpy and restless. She may stamp her feet, get up and down often, and kick at her belly. As long as she is still eating, drinking, passing droppings, and urinating, this may be start of labour.



Gestation usually takes between 330 - 360 days for your mare. For any concerns, please call us immediately for our advice.

FROZEN DOG TREAT RECIPE.

907 grams vanilla yoghurt
 1 cup of peanut butter

Directions

Melt the peanut butter in a microwave proof dish.
 Combine the yoghurt and melted peanut butter
 Pour into cupcake papers
 Freeze overnight.

A perfect snack for the coming summer months for your dog.

PET GENOMICS MEDICINE - Genetic Testing for dogs - Is it accurate?

As with any new technology, caution is always advised. While it's great to have your pet genetically tested to be aware of any disease or condition that they may encounter in life, the results need to be considered as a guide line. Tests at this stage are hard to validate - meaning that your pet may not actually get the disease. Purebred animals tend to be prone to more health conditions than say a designer or cross bred dog, so tests are a valuable guideline of what may transpire in later years. Using this guideline, you as an owner can adjust your pets diet, exercise and lower their stress levels to give them the best chance for a healthy life. These days we can access a lab test for between \$150 to \$250 which is really economical. As the science improves and the data is accumulated, genetic testing will become more precise which will be a huge benefit to owners.

Case Study

Arnie the Dalmation is 11 years old and suffered from gravel in his uretha.

The blockage was causing him a lot of discomfort. The blockage was large, and during surgery we were amazed at the number of stone crystals that came out. There were hundreds of them that we removed. At last, this poor dog can find the relief that he so craved. Arnie has now fully recovered and we are happy to say that Arnie is at home enjoying the pampering of his dedicated owners. Go online and view the video for more information.



<https://www.facebook.com/highlandsveterinaryhospital/videos/215712715934411/>

Join our Facebook Page for more information.

<https://www.facebook.com/highlandsveterinaryhospital/>

MEET THE GOLDEN OLDIES RESCUE - Founder Gina Falloon.

Originally set up to cater for those older pets in their Golden Years, they have extended to cater for dogs with special needs. While Gina and her dedicated team of helpers have had many sad case where abuse has caused heartbreaking conditions, they have also had their share of joyful times. These are often when one of their 'babies' finds a caring forever home. The Golden Oldies Rescue is a registered charity who is there for those who can't speak for themselves. They have rehomed over 1,798 older pets! The Rescue is costly to run, so the team welcome donations to enable them to continue their good work. HIGHlands Veterinary Hospital is proud to be partnered with them. Remember Gypsy - a rescue dog from last months newsletter? She had surgery for cancer and now, happy news, she is having a meeting with what we all hope will be her forever home owners. Those are the moments that Gina and the team all treasure. They are the Golden Moments!

***SPRING ALERT** It's the time for Snakes to think about reproducing and male snakes are out looking for a partner. They can be irritable at this time of the year, so leave them be and respect their space. Don't crowd them or they may become aggressive!*

Pet Health Value Plans -Very Affordable-

Annual vaccinations
Preventative care
Health progress checks
Member rewards
Home Deliveries of Meds

HIGHlands Veterinary Hospital.
66 Old Hume Highway,
Braemar, NSW 2575

The Friendly Road to Pet
Wellness



JOKE OF THE MONTH

A kangaroo kept getting out of his enclosure at the zoo.

Knowing that he could hop high, the zoo officials put up

a ten-foot fence. He was out the next day, just roaming around the zoo.

A twenty-foot fence was put up. Again he got out.

When the fence was forty feet high, a camel in the next enclosure asked the kangaroo, "How high do you think they'll go?"

The kangaroo said, "About a thousand feet, unless somebody locks the gate at night!"

WHAT ABOUT CAT CARE?

Cats are more reserved about going for a ride in a car, let alone to the vets! But at HIGHlands, we love our cats and have designed a special safe area in the hospital just for them. No dog smells, no pesky pups, just a quiet refuge where they can rest in comfort for their consultation. To avoid health issues in later years, it is wise to get a health check for your cat. You can even join our health plan for as little as \$35 per month or \$55 for a senior cat. The plan is like insurance for your pet. The plan focuses on prevention, early detection, and includes member rewards as part of the plan. And best of all - its easy on the budget.

Call in and get a brochure and talk to one of our friendly team.



For a wealth of information, please check our Website.

HIGHlands Veterinary Hospital - <https://www.highlandsveterinaryhospital.com.au/>

Flea and parasite protection - Be proactive and get this done before Spring (and the the fleas) settle in.