



# HIGHlands Veterinary Hospital

MARCH EDITION 2019

info@highlandsveterinaryhospital.com.au

Ph. 02 4872 1144

## Welcome to Your March Newsletter.



With the arrival of March, we can look forward to cooler weather although there will still be some hot days yet to try our patience. What are some of the things we should be aware of with our pets? As the weather cools, you can take your dog for longer walks and build up their fitness for winter. Now that the festive season is past, your pet's diet may need a revamp to provide enough nutrients to get them through the cooler months. Now is a perfect time to give all their toys and their bedding a good wash and let them dry in the warm sun and fresh air. Autumn brings a whole new bunch of allergies from mold, grass and dust. In addition, parasites are still active so now is a great time to bring your fur baby into us for a pet health checkup. Our friendly clinic will be a fun outing for your pet, and they will get plenty of loving attention. Make a booking for your pet for a teeth and health checkup. Prevention is always the best option for your beloved companion.

From the Friendly Team at HIGHlands Veterinary Hospital

### PET HEALTH PLANS

This subject comes up all the time. But that is because of the fact it provides so much relief for pet owners that it has proven its worth. A health plan will save you money - it can be tailored to your pets' needs and your budget. We see the distress caused by not having a plan for your pet. Financial, emotional - it's stressful. These plans cover preventative care, vaccinations, health checks, and membership rewards. Any treatments can be delivered to your door. Come in and talk to one of our friendly team - we can help you.

### THE PET EFFECT!

It has been proven that adding a pet to your family can bring companionship as well as lots of love and joy. If you are on your own, having someone at home to greet you when you walk through the door prevents any loneliness from becoming overpowering. Pets encourage social engagement - especially a dog. They need a daily walk which is also good for you! It gets you out of the house, makes you more active, and provides interaction with others. Having a pet to care for really helps you to feel that life has a purpose.

### FASCINATING FACTS ABOUT YOUR CAT THAT YOU MAY NOT KNOW!



Did you know your cat has scent glands along their tail, their forehead, lips and chin, and the underside of their front paws? When they rub up against you they are marking you as their property!

**What else is great about your cat?**  
Cats only sweat through their foot pads. And here's one for you - their brains are 90% like a human's! No wonder they understand us and know when we are trying to trick them!! Aren't cats amazing?

## Please Don't Feed Your Dog These Foods.

### THESE FOODS CAN HARM YOUR FUR BABY!

Ham and fatty offcuts (can cause pancreatitis) or preserved or salted foods (salt can lead to sodium poisoning)  
Cat food should not be fed to your dog - the protein and fat levels are too high for your dog which can affect digestion  
Macadamia nuts (toxic even in small amounts to dogs) while Avocado contains persin causing vomiting & diarrhea  
Onion, grapes and raisins - these can cause kidney failure  
Chocolate (dark chocolate is toxic to dogs and cats - their body cannot tolerate nor digest it properly) Contains Theobromine and caffeine. If your pet has eaten a dose of chocolate bring them into us asap for analysis  
Alcohol or coffee - these are unhealthy and cause hyperactivity, elevated heart rate and blood pressure, seizures and can cause death

Corn on the cob - while small amounts of corn are safe, a cob can be a choking hazard which can cause intestinal blockages which can be fatal. **\*\* Check the link below on our Facebook Page for a lot more valuable information. \*\***

<https://www.facebook.com/highlandsveterinaryhospital/videos/792893607750014/>

## Case studies - Buddy - Epulis

Buddy came in for the removal of an Epulis growth in his mouth. Although it sounds serious, Buddy was lucky as it was found to be non cancerous. Some growths are not so benign so it pays to check any lump you find on or in your pet. The earlier you discover a lump, the easier it is to treat.

The lump was removed from Buddy's mouth via a simple operation which will give him much needed relief when he eats from now on.

See our video on the Facebook link below about Buddy's operation - it is easy to watch and very informative.

<https://www.facebook.com/highlandsveterinaryhospital/videos/1227323867418760/>



## MEET FELICITY - Vet Nurse/ Receptionist

Felicity is one of the friendly HIGHlands family who will greet you as you enter and helps to care for your pet throughout checkups and surgery. She came to the veterinary hospital last May and has fully integrated herself into the practice.

An avid pet lover, she has a cute pug/beagle cross dog. This dog is a well-versed traveler having tagged along with them when they travelled to Scotland, New Zealand and back to Australia. Which just goes to show you can take your pets if you are going on an extended overseas adventure. It may take a bit of extra planning, but it is so worth it.

Felicity shares a common concern with all members at HIGHlands and that is the education of pet owners. Preventative health care is always preferred which means regular pet checkups to catch any health issues early. This can save so much suffering later. She also advocates finding out prior to getting a pet about what they require. Looking after an animal is not always easy and so many pets get abandoned once people realise the extent of the commitment a pet owner must show. So find out what pet ownership is all about before you commit.

For a different approach to pet care see our video on Facebook about our philosophy and our people. (copy the link below)  
<https://www.facebook.com/highlandsveterinaryhospital/videos/478985642633411/>

## YOUR SENIOR PET.

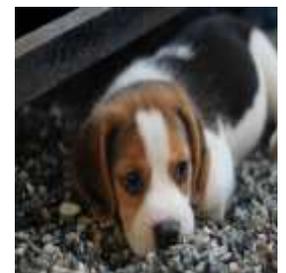
As your dog or cat gets on in years they suffer similar aches and pains as we do. Their bones and joints are not so fluid, and they feel the cold more. Your senior pet may not play with as much enthusiasm as they used to, but they still love to be involved in what you are doing.

Get your pet a health check-up more frequently as much can be done to ease any pain. Provide a plush, comfy bed for them to sleep on. You may need to alter their diet as their digestion system slows down. Call into the clinic and we are only too happy to help you with any concerns you may have. An older pet deserves to enjoy their golden years.

**If you are a senior citizen cardholder, we offer discounts and monthly community days to provide affordable pet care!**

HIGHlands services include the following.

- Pet Health Value Plans
- Zip payments for easy payments
- Vaccinations to protect your pet
- Surgical services
- External & Internal parasite protection
- Dentistry cleaning & treatments
- Health checks and grooming services
- Diet and nutrition advice for pets
- LOTS OF FUN and a great caring team that are there to help your pet.



*'A kitten is in the animal world what a rosebud is in the garden.'* Robert Southey

*'Whoever said you can't buy happiness forgot little puppies.'* Gene Hill

HIGHlands  
Veterinary Hospital.  
66 Old Hume  
Highway,  
Braemar, NSW 2575  
JOIN THE FAMILY:  
ENJOY THE  
FREEDOM

## NEXGARD SPECIAL OFFER - WHILE STOCKS LAST

The approach of Autumn brings the welcome promise of cooler weather but that won't halt the activities of **fleas and ticks**. It will just make them even more keen to hitch a ride with a nice warm host - your dog! Take advantage of our Nexgard special offer where you can get **3 months supply for only \$50**. (excludes Nexgard Spectra). Protect your pet with NEXGARD!



Want loads more information - then please check our Website.  
HIGHlands Veterinary Hospital - <https://www.highlandsveterinaryhospital.com.au/>